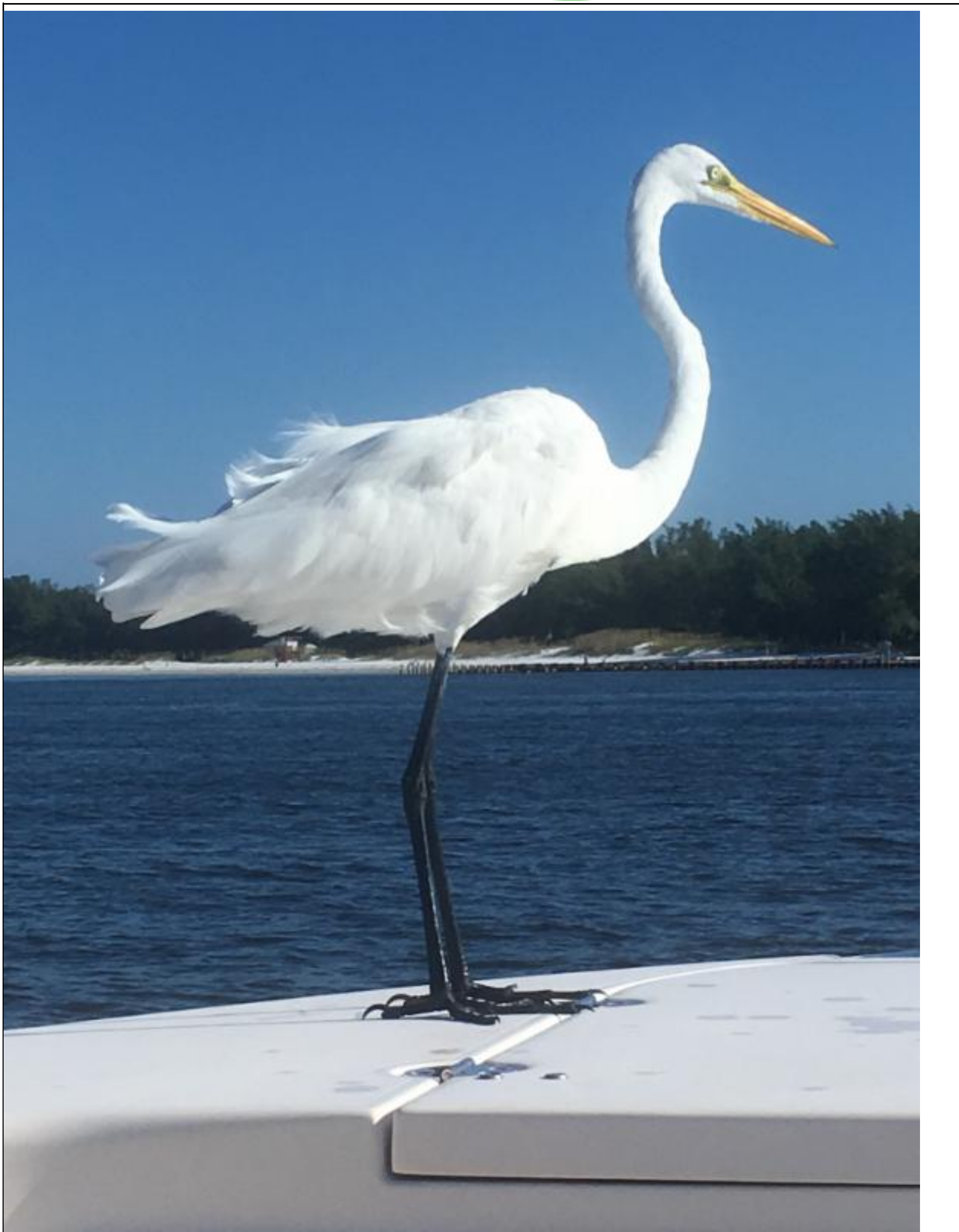


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Dear SDF Supporter,

Summer has arrived! Don't forget your sunscreen as you enjoy all the summer activities. The 2016/2017 Special Day Foundation cycle has concluded. We want to thank you for helping make SDF a success for so many Special Needs patients. The newsletter will give an update as to what the 2016/2017 year accomplished.

Remember, we can be reached by phone [\(941\) 225-3103](tel:(941)225-3103), by e-mail at info@specialdayfoundation.org, Facebook, or by mail at:

SPECIAL DAY FOUNDATION, INC.
P.O. BOX 110382
BRADENTON , FLORIDA 34211

As you may know the Community Outreach Dental Program started a new cycle of patients in July 2016, through its partnership with the University of Florida Dental Clinic in Seminole. We had a great 12 months of patients. We were able to provide dental care for 160 patients. The dental care provided varied between exams, x-rays, fillings, extractions, crowns, implants, dentures, IV sedation, hospital appointments, regular dental hygiene recall visits and so much more. Whitney provided dental education offsite visits to 50 of the participating patients. She also volunteered at the Nine Harris Community Outreach Fair and provided a teach-in for Fuguitt Elementary's SVE class. Remember, this program provides oral hygiene training, dental screenings, and serves as a referral source to the University of Florida Dental Clinic for treatment, so if you know anyone in need please do not hesitate to make a referral.

This years licensed dental residents at the University of Florida Dental Clinic have been able to provide customized care specific to patient's with special needs. Over 1,500 dental procedures were completed during this years 12 month cycle. With professional staff being trained in IV sedation and general anesthesia, the clinic is able to provide safe treatment to many people with developmental disabilities. Participants are also provided with oral hygiene education, tooth brushing, flossing and fluoride treatments. The Community Outreach Dental Hygienist, Whitney, visits several Group Homes and Adult Day Training programs to provide these services.

As always, our **Outdoor Recreation/Adapted Fishing** continues to be an exciting program. We have had over 124 eligible participants fish with us since the program began. Many of them continue to fish with us regularly. Our Anglers range from age 4 to age 70, showing that fishing is fun for everyone! By offering trips 7 days per week we have seen many working families be able to join us on the water. We continue to launch from Bradenton Beach or Sarasota and have had participants from 20 different towns stretching north to Port Richey and south to Englewood. No individual fishing licenses are required and all life vests, fishing equipment, bait and bottled water are

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- [Meet our Adapted Fishing Team](#)

Quick Links

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- [AdmitOne4Fun](#)
- [Adapted Fishing](#)
- [Dental Program](#)

Meet a Dental Program Participant!

DANIEL J.

Daniel lives with his mom, dad and four pet parrots in Largo.

School/Education:
Daniel graduated from Largo High School in 2009 with a Sunshine Diploma. He currently attends The Giving Tree ADT in Clearwater five days a week and considers it his second family!

How has the Special Day Foundation helped you?

The Special Day Foundation has made Daniel realize how important it is to take care of his teeth so they will last a lifetime and keep him healthy. He is successfully learning to tolerate X-rays, exams, and cleanings. He is always happy to see Goldie, his dental hygienist, who is so patient and kind!

What have you learned from your monthly visits?

The monthly visits have reinforced how to brush teeth correctly and the importance of brushing twice daily.

Hobbies/Interest:
Daniel loves to travel and has been to many states and foreign countries. He goes to Albuquerque,

provided.

At your request, our captain will provide information about the local ecology and how we can all better support a healthy environment. Please see the link below for more information on all our programs.

Have a great summer!



*Sincerely,
Rene, Whitney and Captain Mark*

www.specialdayfoundation.org

New Mexico yearly for the Hot Air Balloon Fiesta. He has experienced riding in both a hot air balloon and the Farmers Airship! He also recently rode the Amtrak train from Albuquerque to the Pacific coast and up to Seattle. He enjoys drawing, going out to eat, and music of all kinds, with the Transiberian Orchestra being one of his favorites.

Favorite Food:
Grilled chicken and salmon with pasta.

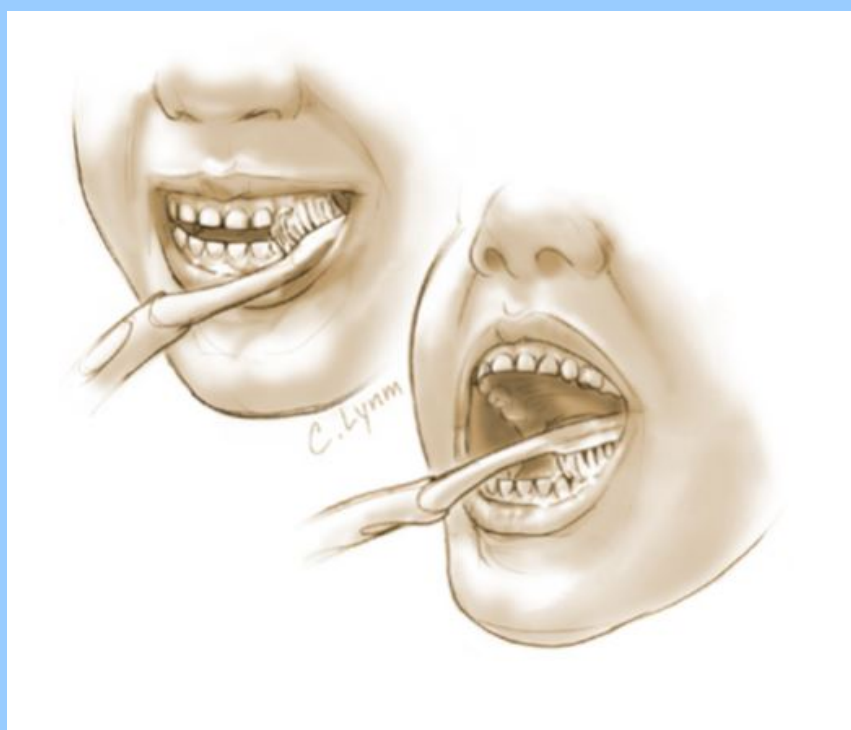
Favorite Movie:
Frozen

Feature Article

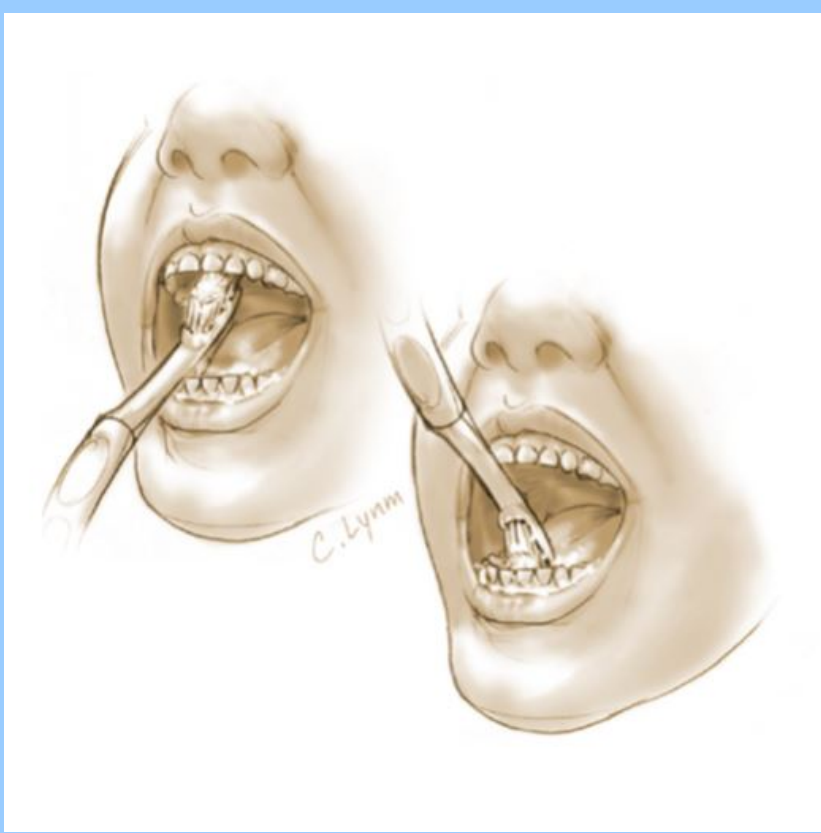
LETS GO BACK TO THE BASIC!

Tooth brushing

1. Put toothbrush bristles at the child's gum line at a 45-degree angle. Press gently, and use short back-and-forth strokes. Start with the upper teeth, brushing the outside, the inside, and the chewing surfaces. Do the same for the lower teeth. Be sure to brush each tooth. Gently brush the tongue, too.



2. Place the toothbrush vertically to clean the inside and upper and lower surfaces of the teeth.



3. For children who want to help brush their teeth, try the "roll" method. Let the child hold the toothbrush, and turn her wrist a little. Follow the shape of the teeth. Or try the "circular" method. With the child's lips closed over the toothbrush handle, put the toothbrush inside the cheek and the tips of the bristles lightly touching the teeth. Use a gentle, fast, wide, circular motion.



Notes:

An adult should always supervise tooth brushing and do the final brushing until the child can brush well without help. Most children with no developmental delays develop this skill by age 7 or 8. Some children with special health care needs will never be able to brush by themselves.

Ask your child's oral health professional to tell you the best way to brush your child's teeth and to show you how to do it.

(<http://www.mchoralhealth.org/SpecialCare>), produced by the National Maternal and Child Oral Health Resource Center at Georgetown University,

was adapted, with permission, from Perlman SP, Friedman C, Kaufhold GH. 1996. Special Smiles: A Guide to Good Oral Health for Persons with

Special Needs. Washington, DC: Special Olympics, Healthy Athletes, Special Smiles; Boston University.

For improved access to SPECIALIZED DENTAL CARE we encourage you to contact Whitney, our Community Outreach Dental Hygienist from the University of Florida. See the Quick Links section for a direct link to the Dental Program.

MEET A SPECIAL DAY FOUNDATION PARTICIPANT

DANIEL J.

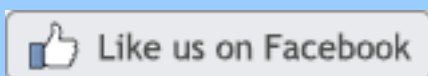




How to Help

How can you help Special Day Foundation?!

The biggest way you can help Special Day Foundation is to help us spread the word! Whether you have a special needs person in your family or know of someone who does, if you know a business who is interested in giving back to the community or you know a boat captain who may enjoy hearing about our fishing trips, please forward them our newsletter.



To the many individuals and businesses who have already supported Special Day Foundation and continue to do so... **Thank you!** And to those of you who are new to Special Day Foundation... we look forward to hearing from you!

